

# Clinical Trial Results Pt. 4

| Entry | Measurement     | Before | After |
|-------|-----------------|--------|-------|
| 1     | R Grip          | 24     | 28    |
| 2     | L Grip          | 28     | 32    |
| 3     | Vertical Leap   | 99.5   | 101   |
| 4     | ROM - Shoulders | 360    | 360   |
| 5     | ROM - Ab/AD     | 180    | 180   |

Clinical Trail Results from Sunday April 25th, 2004

Sex - Male

Age - 29

Race - White / Non-Hispanic

Average work-outs per week - 4

Self described diet type - Fair

Sports competed in - Boxing

Highest level of play - Amateur - Tournament

