

# Clinical Trial Results Pt. 1

Entry	Measurement	Before	After
1	R Grip	45	100
2	L Grip	42	80
3	Vertical Leap	107	107
4	ROM - Shoulders	360	360
5	ROM - Ab/AD	180	180

Clinical Trail Results from Sunday April 25th, 2004

Sex - Male

Age - 25

Race - Lebanese / Armenian

Average work-outs per week - 6

Self described diet type - Fair

Sports competed in - Kung Fu, Karate, Kickboxing

Highest level of play - Amateur - Tournament

